

AGGRESSIVENESS, BEHAVIOR ISSUES , WEIGHT GAIN — these symptoms could be due to hypothyroidism or autoimmune thyroiditis

HYPOTHYROIDISM and AUTOIMMUNE THYROIDITIS

Hypothyroidism is the most common endocrine disorder of dogs, and

up to 80% of cases result from an autoimmune disease that progressively destroys the thyroid gland (autoimmune thyroiditis). Once more than 70% of the gland is destroyed by this process, classical clinical signs of hypothyroidism appear. Because the condition is heritable, it has significant genetic implications for breeding stock. Accurate diagnosis of the early stages of autoimmune thyroiditis offers important genetic and clinical options for prompt intervention and case management. However, it is often difficult to make a definitive diagnosis.

As the thyroid gland regulates metabolism of all body cellular functions, reduced thyroid function can produce a wide range of clinical and behavioral signs. Many of these symptoms mimic those resulting from other causes and so recognition of the condition and interpretation of results of thyroid function tests can be problematic.

In cases of aberrant behavior, for example, the typical history starts out with a quiet, well-mannered and sweet-natured puppy or young adult dog. The animal was outgoing, attended training classes for obedience, working, or dog show events, and came from a reputable breeder whose kennel has had no prior history of producing animals with behavioral problems. At the onset of puberty or thereafter, however, sudden changes in personality are observed. Typical signs can be incessant whining, nervousness,

schizoid behavior, fear in the presence of strangers, Hyperventilating and undue sweating, disorientation, and failure to be attentive. These changes can progress to sudden unprovoked aggressiveness in unfamiliar situations with other animals, people and especially with children.

Once diagnosed with hypothyroidism or autoimmune thyroiditis, treatment with standard twice daily doses of thyroid supplement given apart from meals results in significant clinical improvement.

Baseline Thyroid Profiles

A complete baseline thyroid profile is measured and typically includes total T4, total T3, free T4, free T3 and thyroglobulin autoantibody (TGAA). It can also include T3 autoantibody (T3AA) or T4 autoantibody (T4AA) as well as the TgAA assay is especially important in screening breeding stock for heritable autoimmune thyroid disease. Affected dogs should not be used for breeding.

THYROID 5

HEMOLIFE offers among other tests, the Thyroid 5 profile which includes T4, freeT4, T3, freeT3 and TGAA. Since there is an 8% chance of having a false negative TGAA, Hemolife will perform either the T3AA or T4AA when results warrants it or in cases where T3AA or T4AA were previously done and needed for a follow-up.

WHY SEND YOUR SAMPLES TO HEMOLIFE ?

- Accurate and efficient testing
- Quality conscious, dedicated staff
- Patented, environmentally friendly "green" methods
- Personalized service
- Patented Interpretation from Dr. Dodds
- Personal consultation and follow up questions answered by Dr. Dodds
- Easy mailing of samples

SOME CLINICAL SIGNS OF CANINE HYPOTHYROIDISM

- lethargy
- weight gain
- mental dullness
- cold intolerance
- exercise intolerance
- mood swings, aggression
- neurologic signs
- seizures
- hyperexcitability
- polyneuropathy
- stunted growth
- chronic infections
- dry, scaly skin and dandruff
- chronic offensive skin odor
- coarse, dull coat
- bilaterally symmetrical hair loss
- "rat tail"; "puppy coat"
- seborrhea with greasy skin
- infertility
- prolonged interestrus interval
- absence of heat cycles
- Silent heats
- testicular atrophy
- Lack of libido

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